



COMMANDER, U.S. NAVAL FORCES, JAPAN

OMBUDSMAN

NEWSLETTER

June 22, 2006

Dear Friends and Families of CNFJ:

YOU'RE RIGHT!! It's been months since I wrote - and I promise you it's neither my staff's nor our Ombudsman Graciela's fault - it's mine. Sorry - really - it's been busy and this has kept moving off of the "front burner" position.... so anyway, let me give you all an update on things from where I sit (right now in O'Hare Airport in Chicago, on my way to Millington TN w/Command Master Chief Cruz to work our military manning issues and advertise the FDNF for all the detailers there...) - so here we go:



SHIP - That's of course all about doing our job from our 6 bases, enabling the 7th Fleet through all of our shore activities. Things couldn't be better across the board - going north to south and west we'll talk **Misawa** first: Capt Wayne Radloff just said farewell to Command Master Chief McCarthy who left today for assuming the same position (CMC) in Singapore at CTF 73 (our Fleet's logistics CTF) led by Rear Admiral Bill Burke. This is great for all of us as he REALLY gets it, and we thank him for doing an outstanding job in Misawa, and in keeping great leaders who know the FDNF around, the new CMC will be Master Chief Bond, currently the CMC on Cowpens, so another terrific addition to our shore enabling team for the Fleet. Anyway, Misawa - Great base - you should try to visit this summer in particular - gorgeous like our Pacific Northwest back in the USA - the snow's finally melted and cherry blossoms are gone already...Rear Admiral Artie Johnson (CTF 72) works all our Fleet P3 issues from there and he is well supported on the nicest US Air Force Base in the world. If your Sailor is up for orders, please give this place some thought - exceptional quality of life for our families especially is one of Misawa's claims to fame. Pretty nice Area Incentive Pay too depending on the type of work your Sailor does. I'm looking forward to heading there next on 28 June for Capt Radloff's Change of Command - he's done great things and will move to Georgia Tech as the head of their ROTC unit. Our own Operations Officer Capt Irv Bough is headed there as the CTF 72 Chief of Staff - will be missed here but is surely needed there!

Atsugi, the finest Air Base in the Kanto Plain comes next: New CO Capt Gordo Cooper, and new CMC Justice who came from VAW 115, have things running well. They just finished supporting the CVW5 squadrons during their Iwo Jima detachment so they could get ready to do the carrier qualifications currently working on Kitty Hawk before she leaves the area. I took a group of distinguished visitors there last week - included nine members of the Japanese Diet - Japan's Congress - good for them to understand why we have to generate noise at Atsugi so we can fly, and there's only one place better for them to see that than Iwo - of course that would be the carrier itself. Iwo Jima is an emotional and very special place for all of us to see - shared history and tremendous WWII losses on both sides make it sacred ground in my book - if you ever have the chance to go, jump at it! In CVW5, VAW 115, VAQ 136 and VFA 27 have held changes of command over the past couple of months. **Yokosuka**, the most important USN base in the world - not just because of our ships assigned, but all of our shore units led by us at CNFJ, CFAY, NAVFAC, FISC, the Hospital, SRF, PSD and all others (62 total) have been working our tails off supporting the Fleet and the 20,000 people who are working and living on this base. Capt Greg Cornish, Capt Chris Honkomp and I in particular have been focused on the most strategic thing we'll do for the last 36 years in Japan (by the time it happens), and that is replacing the Kitty Hawk with the George Washington in 2008 - we are

close, I think, to hearing that Mayor Kabaya will accept this nuclear powered aircraft carrier, and THAT is a very big deal - so if you or your Sailor have had anything to do with this (and you all have just by living here and being engaged in our community with our Japanese hosts) - THANKS! Kitty Hawk, by the way, not only got back to sea after a superb overhaul by her crew and SRF, but she also tested the "new" carrier pier for us - it'll officially open on 6 June with our awesome aircraft carrier back alongside after CQ. Don't forget what we are all here for - we enable Admiral Greenert's Seventh Fleet's ships from this great base (including Rear Admiral McClain's (CTF 70/75) Kitty Hawk Strike Group, Rear Admiral Bird's (CTF 74) submarines as well as C7F's Flag Ship Blue Ridge), and we engage especially with our JMSDF counterparts from here in Yokosuka - we are important!! And by-the-way, had Changes of Command on Curtis Wilbur, John S McCain, Cowpens and Lassen in that order over the last few months - congrats to the new Commanders!! Moving west to **Sasebo**: Capt Tilghman Payne, CMC Sibal and crew have enabled the Essex Strike Group to be at sea, and they just finished hosting the USS Abraham Lincoln Strike Group in that great port - simply awesome job and terrific for our Navy community in Japan - shows the importance of the Alliance as well as showing all who care that nuclear-powered carriers are GOOD as well as safe!! I also held my recent Commanders conference in Sasebo last month so all of us could see why we selected that base as our best for 2005 - across the board; the place just rocks, and is in a beautiful part of Japan! If they would just stop digging up ordnance from world war II...Now let's go south again - to **Okinawa**, Capt Bob Wilson and CMC Hahn who "own" both Kadena Air Force Base and White Beach where we load up the Essex ESG with Marines when it's the right time. White Beach is also home for our Fleet Amphibious Task Force Commander, Rear Admiral Vic Guillory (CTF 76) - enabled by Capt Wilson's team - note that they'll potentially be supporting earthquake devastation way down south in the near future. Visited Okinawa a couple months ago and as always am soooo impressed with their operation and their beaches (a GREAT place to go for some R&R is the beach cabins and rental trailers on White Beach), as well as the WW II history for all to see. And truthfully, things are running so well there that I usually have to track down the Captain to just say "hey" - they have been continually supporting our DESRON 15 ships throughout the spring as they train in that strategically important area, which includes much effort also from the air side of things - awesome air-power from CTF 72's P3 based from Kadena, the CVW 5 folks or a commercially run tactical jet detachment working for us as "services for ship's training" assets. They'll be hosting MUCH work/effort for the C7F/CTF 70/75 team shortly!! Last move is west - waaay west - to **Diego Garcia**, and Capt Gil Birklund, CMC Renollet and their fantastic team on our Indian Ocean paradise - many on the CNFJ staff, our base CO's and CMC's will make the trip to what I call "the Club Med" of the USN, mid-June for Capt B's Change of Command. Don't get me wrong on the "Club Med" thing - it's a VERY hard-working base, where we send our Sailors for 1-year unaccompanied tours to support ship and air operations involved with ENDURING FREEDOM from this British Territory. They work hard and play hard, supporting the Fleet - it is what we are all about! So that's the **SHIP** review - let's move to:

SHIPMATE - What are we doing to take care of all each other?? Let's just talk locally in Yokosuka, since that's where most of you who read this, are most effected. The biggest quality of life thing we'll do for the FDNF is what we have started in our CFAY Home-port Ashore initiative - we are making great progress in finding room for our youngest Sailors from the ships in our barracks - so they have a place to call home when they are in port. Can't possibly thank CMC Cruz, CMC Howard from 7th Fleet, and CMC Holz from CFAY for their efforts in making this happen right - along with the housing folks and the great NAVFAC (SeaBees) team - we're going to put almost 1500 Sailors ashore by the end of the year, who currently live only aboard their ships, with no other option - it is REALLY cool what is happening - and eventually...we'll get everyone ashore in Yoko and Sasebo. We're also working hard with developers in the city to build more "western style" apartments and town houses - so we're looking ahead there even as we have approved final plans for additional houses in Ikego. We've still got the "no-drinking-in-public-places" curfew in place for all Yokosuka based Sailors and those who come into town from elsewhere - it has had a dramatic impact on reducing out

alcohol-related incidents off-base, and that truly counts, especially during this important time during carrier discussions - besides that, as my Dad used to say (probably yours too....),"nothing good happens after midnight" - and we are truly doing a better job in taking care of our shipmates on liberty. Others - High School graduation is coming up at Kinnick HS - thank the teachers before they break for the summer for taking such GREAT care of our kids. Cathy Adams-Bomar and the team at Fleet and Family Support are expanding where they can in support for our families. Red Cross and Navy-Marine Corps Relief have been recognizing their terrific volunteers who take such good care of all of us, many at the hospital and dental clinic. U of Oklahoma (featuring our own Dependent Husband, retired Master Chief Cliff Yager who earned his Masters Degree, married to JOC Yager in our Public Affairs shop) and U of Maryland just held their graduation ceremonies and remember that tuition aid IS available for paying for college courses for spouses of our Sailors and Marines stationed here. WIFI technology is going in to ALL MWR venues throughout Japan on our Navy bases - and will go into many Navy Exchange associated places as well, starting with the Navy Lodge in Yokosuka - we are taking care of our Troops!! And finally...we're getting the air conditioning installed in the new gym - note too that the outdoor swimming pools are open - so.... let's get to the last part of what counts....

SELF - what are YOU doing to take care of or improve yourself??? How about using those pools or new gym to get in shape before the summer heat sets in?? Water aerobics, using your own personal trainer, etc. Note that our Navy physical fitness standards have changed and ALL are being held accountable - so when your Sailor says, "I need to go get a workout", PLEASE let him or her get that part of the job done - my goal is to not lose anyone to physical fitness test failures, but I will have to follow the rules. College courses are big time available through the Navy Campus. How about taking advantage of WiFi efforts on our bases to reconnect with family or improve yourself through college courses? How about quitting smoking (CMC Cruz....)?? The hospital can help. What about professional improvement to get ahead?? CONGRATS on our 2 newest promotees - MASTER CHIEF Viduarri and IS1 Crawford (we just found out about her today)!!!! How about getting out and about in the country (I saw some of our team in Shimoda for a awesome "Black Ship" Festival celebrating Commodore Perry's arrival in Japan more than 150 years ago - there's MUCH to do, so take advantage of where we live and the MWR trips etc we have to offer. You can learn the language too - my wife is waaay ahead of me and it sure helps her get out and about!! The bottom line: HAVE SOME GOALS and pursue them - it's how you take care of yourself and stay focused!

OK...so I've rambled on for too long - will try to keep these much shorter - like a page-ish for our Ombudsman's Newsletter. This one just had to be long because we have SO much that is very important ongoing, and the summer move season is on us now too - so don't forget to thank and congratulate those who are leaving, while welcoming those who take their places here on the key staff that enables our Fleet - farewell, fair winds and following seas to the Hostetlers, Wallachs, Cross's, and Dove's - you will be missed. THANKS everyone for what you do for our community, our Sailors, our Navy, our country, and Japan. Keep the faith in each other, send me your good ideas, and take care of your Ship, your shipmate, and yourself. Sincerely, Jamie Kelly, CNFJ



- OMBUDSMAN INFORMATION -

Hello CNFJ Family:

Welcome to Japan to our new personnel and farewell to the families that are leaving us. Please send me your family information forms with a spouse email address, so I can forward information regarding different activities taking place in our AOR. Also, if you or your spouse will be deployed, please let me know if I can be of any assistance.

Summer is here; kids are out to school; for many of us this is a busy time trying to keep our kids busy on positive activities. Also, it is a great opportunity to travel around this beautiful country. I know Japan is expensive, but Space A travel and finding accommodations at military bases in Japan or other countries can make traveling more affordable. Stay safe and have a great summer!

- AREA NEWS AND EVENTS -

CFAY.

Free WI-FI hot spots up and running at the following locations:

Club Alliance Sports Bar
CPO Bar
O'Club
Spectrum LIBERTY Center, 1st floor at Fleet Rec
Fleet Rec, 3rd floor (2 hotspots)
Yokosuka Library
Green Beach Pool Deck
Negishi Club
Negishi Library
Ikego Pool Deck / Club Takemiya
Yokosuka Bowling Center
Kosano Park/Marina
ITT/Starbucks area (Coming Soon)

Navy Exchange updates:

- a. Main store electronics section upgrades sked to completed end of June.
- b. 2nd Floor renovations to Home Accents sked to start 30 May with estimated completion 1 Nov. This will move and expand the children's clothing section from the Main Store. An elevator is also being installed in home accents. There will be a rather large lay-down area around this building and there will be some minor inconvenience to the customer in this area. Bear with us – end product will be much better than what we have now. The area over by the commissary where we have redirected traffic and moved a bus stop is necessary for the building of the new Community Center. Expect this project to take about 2 years – but again the end product will be a great one-stop service area for many of the services (FAST, FFSC, Navy Relief, Red Cross, Chaplains, Library, Community services, etc) that are spread out around the installation. Bayside renovations go from 5-30 June. Electrical upgrades for WI-FI, new wall coverings and new seating.

-MWR NEWS-

Youth Soccer Season Registration Coming Soon!

Registration for youth Soccer will be July 03- August 15. Practice begins the week of August 21, and games begin on September 2nd. See the youth sports offices if you want to play, but will be on leave during the registration period for early sign-up. \$40 for the first child and \$35 for each additional child. PAYS members receive a \$5.00 discount per child. Soccer Start Smart program is available for 3-4 years old, which introduces youth to the fundamentals of the game. 5-7 years old will play in the coach play league, ages 8-10 and 11-15 will play in the Kanto Plains Leagues.

Start Smart Golf

Start Smart Golf is a developmentally appropriate introductory golf program for children 5-6 years old. It is a parent participation program for young children who have never played golf. Start Smart Golf teaches parents how to teach their child golf using fun, developmentally age appropriate equipment from SNAG® that can be used almost anywhere. Start Smart Golf prepares children for traditional golf without the threat of competition or the fear of failure. Registration runs from June 01 - June 31. Program runs during the month of July and early August. \$40 for the first child and \$35 for each additional child. PAYS members receive a \$5.00 discount per child. Limited spots, so sign up early!!!

General Start Smart Program

The Start Smart Sports Development Program is a proven instructional program that prepares children (ages 3-4) for the world of organized sports without the threat of competition or the fear of getting hurt. Parents work together with their children in a supportive environment to learn all of the basic skills...throwing, catching, kicking, and batting. The program is held once a week for six weeks. Registration runs from June 01 - June 31. Program runs during the month of July, and early August. \$40 for the first child and \$35 for each additional child. PAYS members receive a \$5.00 discount per child.

IKEGO

Friday, 21 July 06:

"Friendship Fancy Straw Basket Making Class & Potluck with Zushi Japan-America Society" will be held at Kyoto Tower party room at 10:00. Learn how to make fancy straw basket from Zushi Japan-America Society members while sharing your favorite craft or hobbies to Japanese friends. Please bring appropriate amount of materials for demonstration and favorite dish for potluck. Straw basked materials will be provided. Call Ikego OIC Office at 246-8042 for sign up. Next gathering will be held on 18 Aug 06.

Friday, 21 July 06:

Zushi Beach Fire Works Display will be held from 2000 to 2100 at the Zushi Beach Central Area. In case of rain, the fireworks will be reschedule to Saturday, 22 July at same time. For more information, please call Ikego OIC Office at 246-8042.

Saturday, 22 July 06 at 14:00 – Sunday, 23 July at 10:00

Friendship Overnight Camping with Zushi City Hisagi Elementary School PTO will be held at Ikego Campgrounds. This is a great opportunity to enjoy the summer with a cultural exchange between Ikego housing and Hisagi Elementary School PTO as well as make Japanese friends. Activities will include hiking on Ikego campground trails, Japanese traditional cultural exchange, games, campfire songs and overnight camping. Bring your own food and

beverages. Rental camping gear is available at MWR Campground Office at 080-3473-2710. All Ikego residents are welcome. Please call Ikego OIC Office 246-8042 for sign-up. Also, Ikego OIC Office is looking for volunteers who would like to support this event with a variety of activities.

Sunday, 23 July 06:

Hayama Harbor Festival will be held at the Hayama Yacht Harbor (Abuzuri Port) from 09:00 to 15:00. A variety of activities are provided such as kids rubber motorboat rides, a water bicycle ride, yacht cruising, motorboat cruising, and a flea market, etc. All Ikego residents are invited to join the fun!! **Zushi Japan-America Society** will be there to assist you. Parking is limited. Please call Ikego OIC Office at 246-8042 for more information.

Directions to Hayama Marina: Go straight out the gate and turn left at the 7-11 Store. Immediately after turning left on Rt. 24, you will make a right turn on the first street. (You'll see a hospital on your left.) Follow the curving uphill road until you come to "T" road (police box on your right). Turn left and immediately turn right. Follow the down hill road until you come to Zuyo Shindo signal light. Turn right, pass Nagae crossroads and keep going until you reach Shonan beach drive. Drive through the tunnel and you will see a sign for Rt. 134. At the Nagisabashi crossroads just before the beach line, you will see a gas station. At this intersection, turn left and turn right again at the next signal toward to the beach. You will see "LA MAREE DE CHAYA" restaurant around the curve. Keep driving along with fence; it will take you to Hayama Shinko Futo parking lot next to the Hayama Marina.

Monday, 31 July 06: **"American Classic Film Show"** Ikego residents are invited to watch classic movie "A river Runs Through It" starring by Brad Pitt. Enjoy the free movie at the newly opened Zushi City Bunka Plaza Sazanami Hall located 2 minutes walk from Keikyu Shin-Zushi Station. Doors open at 13:30. Available to first 100 only. More information, please call Ikego OIC Office at 246-8042.

Negishi

If you are coming to Yokosuka or you are new to Yokosuka before making your decision on where to live take a look at the great Negishi video available on the CFAY website; click on Yokosuka Report and once there click on Negishi Housing video or copy this link to your

browser: <http://www.cfay.navy.mil/News/YokosukaReport.htm> and click on Negishi Housing video.

Byrd Elementary School (Negishi) – we can now squelch the rumors. Even though enrollment is low, DoDDS does not intend to close the school in the foreseeable future.

Friends, Families and Ombudsmen across the CNFJ AOR:

I would like to thank NAF Atsugi for hosting a combined AIRWING/KH ombudsman training on 29 March 2006. We had great participation and support from all of the commands; ombudsmen support teams (COs, XO's, CMCs and their spouses) as well as the ombudsmen. Captain McNamee, Commanding Officer of USS KITTY HAWK (CV 63) provided the opening remarks for this event. He spoke of the importance of cohesion between the AIRWING and the KITTY HAWK as an important part of mission accomplishment. He also spoke about the importance of the ombudsmen and provided guidance based on his own experiences with the program. Also, many thanks to the KITTY HAWK Enlisted Support Group and the Atsugi Enlisted Spouse Association for their great support in funding this luncheon for all of the ombudsmen in attendance. Ms. Cathy Adams-Bomar (FFSC Regional Director) and Ms. Linda Pendleton (FFSC Atsugi Ombudsman Coordinator) also did a wonderful job in putting together

ombudsman training for this event. This was a valuable experience for all of the participants, I believe that we accomplished the following objectives: Provided the commands with knowledge of the new ombudsman instruction and ombudsmen training that provided great interaction between ombudsmen teams. The participants benefited from mutual experiences, shared concerns and developed communication skills. Our focus as ombudsmen is to provide official information to our families and quell rumors that only serve to create uncertainty. Great training! Thank you to all that participated.

Many thanks to Captain Radloff, Commanding Officer, NAF Misawa, Mrs. Radloff and all the ombudsmen support teams and ombudsmen for their kindness and for making me feel at home during my visit to that beautiful base in April to attend their ombudsman basic training course. NAF Misawa is a wonderful base! Also, I had the privilege to attend the CNFJ Regional Base Commanders Conference, last May in Sasebo. It was a great learning experience. This allowed me the opportunity to have a better understanding of the unique characteristics and needs of those bases. It also helped me to appreciate even more how hard the CO's XO's and CMC's work to accomplish the mission that enables the Fleet to do its job and at the same time to improve the quality of life of Sailors and their families, as well as how much their spouses contribute to make this happen. Thank you to Captain Payne (Sasebo CO) and Mrs. Payne for all your kindness. I had the opportunity to meet with some of the area ombudsmen, Candance Currier (FFSC Sasebo Director) and Penny Blevins (Ombudsman Coordinator), wonderful people that made me feel at home! You have a great Ombudsmen program running!

New Reporting Options for Domestic Violence

The Department of the Navy now has two reporting options for victims of Domestic Violence: Unrestricted Reporting and Restricted Reporting. Unrestricted Reporting is the traditional option; victims and/or witnesses use existing channels to report domestic violence (Family Advocacy, base security, NCIS, Ombudsman, command, and medical). Under Restricted Reporting, the victim can seek medical treatment and counseling services without notification of service member's command and base security (or other law enforcement). For a victim to choose Restricted Reporting, the victim must report the abuse **only** to a Family Advocacy Victim Advocate, a Family Advocacy Victim Advocate Supervisor, or a Healthcare Provider (a Fleet & Family Support Center clinical counselor or any person authorized to provide direct patient care at the USNH or dental facilities). In certain circumstances there may be exceptions regarding making a restricted report. For further clarification or training concerning Restricted Reporting, contact a Family Advocacy Victim Advocate by walking in or calling your Fleet & Family Support Center.

-ORGANIZATIONS-



Did you know that . . .

"The Mission of the Navy-Marine Corps Relief Society is to provide, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need; and to receive and manage funds to administer these programs?"

Located at more than 240 offices ashore and afloat throughout the world, the Society's work is accomplished mainly by its 3,000 dedicated, trained, and caring Volunteers, who are supported by a small cadre of employees.

Navy-Marine Corps Relief Society is a resource for all active and retired Sailors, Marines, and their families – whether you're single, married, or divorced? A substantial amount of our financial assistance goes to service members with families because they often face more budgetary problems. However, the Society renders financial assistance to everyone – regardless of marital status. Check out the programs and services available through your local Navy-Marine Corps Relief Society Office. We may be able to help you!

A Power of Attorney (POA) is acceptable to the Navy-Marine Corps Relief Society as authority to provide financial assistance to a service member's family during deployment? The Society accepts valid General or Special POAs, which authorize an individual to borrow money. As a fully accepted legal document, a POA also means that the Society will not allow the service member to disavow assistance rendered to family members. A POA is an acceptable substitute for a signed and witnessed Pre-authorization form. Plan for the unexpected! Visit your local Navy-Marine Corps Relief Society Office for more details.

NMCRS: Your First Resource;
Not Your Last Resort!

www.nmcrs.org

NEWSLETTER - Please send me anything you may think may be of interest to the command families.

If you have any suggestions, questions, concerns, or items you would like to share with our CNFJ family, please e-mail me. Thank you.

Sincerely,
Graciela Meave
CNFJ Regional Ombudsman